



NEWSLETTER

ISSUE 14

TERM 2 2023

“No matter what kind of challenges or difficulties or painful situations you go through in your life, we all have something deep within us that we can reach down and find the inner strength to get through them.”

Alana Stewart

I am extremely proud of all our students this term, they have continued to strive for success and work together to build an inclusive community of support and acceptance. They welcomed new students into the college as part of the External Engagement Program, showed grit when faced with absences; returning to work harder and catch up on work, demonstrated safety when they stepped up to support their peers from outside pressures and the personal growth of every child can be seen in their reports. It is always wonderful as the Campus Principal reading every student's report and reflecting on the effort that each staff member puts in and how this is mirrored in the individual's success. This newsletter reflects the success that everyone has seen.

I would like to welcome Monique to our Fairbridge team. Monique has recently

moved from Mexico to take on the role of a Student Support Officer at Kalgoorlie. Monique brings with her a wealth of knowledge and understanding of working with youth and has a background in disability and community engagement.

Lynas have been kind enough to provide us with a \$500 grant that will be used to go towards increasing the size of our chicken coop, pigeon proofing it and rehabilitating the community garden. These are some much needed funds that will help in the development of our liveability program as well as provide our students with a hands-on learning opportunity with skills that are transferrable to the real-world.

I would like to bring to attention the school calendar at the end of the newsletter, please note that Term 3 is a 9 week term due to staff heading to Pinjarra for training with the staff at the Pinjarra college. Week 10 is a pupil free week.

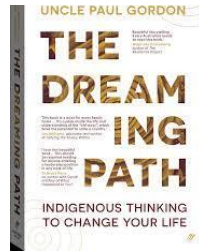
Lastly, enjoy the holidays everyone they are well deserved and we wish to welcome everyone back at the beginning of Term 3.

Jayde

JAC

First and foremost, can I please thank you from the heart, as a community and individually, I have received a sense of care and compassion. This term has been chaotic and challenging but still effective and valuable.

I really only want to talk about one major aspect.



All year we have been reading a book called The Dreaming Path. Last term was about us sharing and acknowledging our own stories and knowing we are in control of what part of our stories we share. This also saw us become aware of places that are special to us and how we can take care of these.

This term our focus has somewhat changed. This term our focus has been on what we can do for others. This meant we also watched a movie titled Pay it Forward, where students were challenged to come up with an idea that would impact their world in a positive way.

Gil

Fitness with Elena

Wow!

I can't believe that we are already through semester 1. I have loved every day, every new challenge and adventure during this term!

EGC's Career open day was extremely exciting for both staff and students. We all enjoyed watching the students explore career options and get excited about their future. Many students found new motivations or got to create a plan with their current passions about future work.

As always taking P5s for me is the most exciting time during the day. Many students got involved in my basketball classes this term. They learnt to dribble and shoot a ball, as well as how to play the game effectively.

This term I also practiced yoga and stretching with the students. We received some new vortex so we practiced throwing them and measuring how far everyone could throw. I love seeing the competitive side of our students, especially while they are having fun!



Elena

Variety in the VET Class

The theme of this term if I had to choose one was “quiet”. As students worked diligently to complete and tie up some old unit work from last year, there were moments in the class where you would have heard the movements of a small animal scampering across the floor. There is not a single student in this class this term who didn’t at some point focus so intently that I started to worry about them being so quiet. However, their hard work showed an impressive number of units completed and allowed for some exciting and engaging activities to be completed.

My first proud moment would absolutely be the effort they put into their group project creating 1 savoury and 1 sweet dish for the Cancer Council’s Biggest Morning Tea. Students had to work together in small groups to design a menu, budget, shop and cook 2 dishes that had to be different from the traditional foods served at a morning tea. This was a project they started last term but to see their successes come fruition was a highlight of the term.



The second highlight, well for me at least, was the STEM challenge of building a Pringle chip ring. Students worked in small groups to build a circle out of pringle rings. This activity required team work and communication skills to be at the forefront of design and implementation. Each group tackled the activity differently, and it was good to see them make mistakes, reflect and try again. All students on the day demonstrated grit and inclusivity within their teams but it was the support of other groups that really made this lesson memorable. We found after an hour that our chips were too small so the arc needed couldn’t be created, so instead they task was changed to create a bridge that could extend over a 20cm gap. Students used the locking skills they had learnt from the previous task and applied this to their pringle bridges. Some were successful and some of us just ate the pringles.



Jayde

Liana's Corner

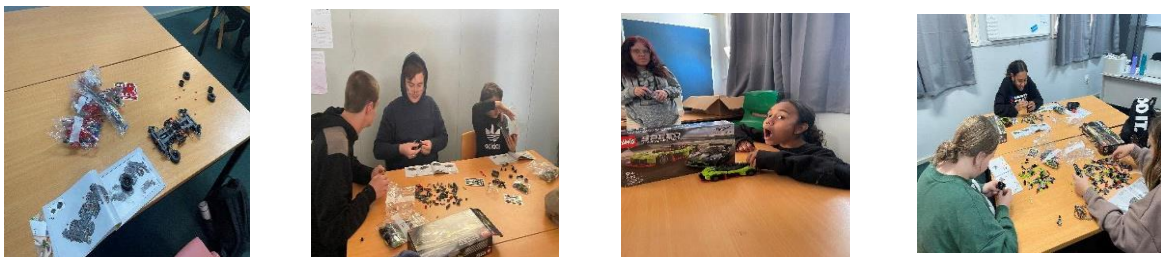
Potato Olympics!

This term K2 held a mini potato Olympics! After we named and decorated our potatoes, we had them compete in a number of games including diving and 10 pin bowling.



Technic Lego!

We were lucky enough to have some Technic Lego donated to our school. Students have enjoyed building the different cars and the giant cranes.



Life Skills!

In Life Skills this term we have been learning about diversity and inclusivity. We have also spent time in the kitchen taking on some cooking challenges.



Liana

Message from the Wellbeing Team

Bridget, Jayne, “Dug the Dog” & Gal



Happy 10th Birthday and over 5 years with Fairbridge College Dug the Dog!

This past term saw Dug turn 10 (we don't know the exact date, he was found abandoned in the bush). Dug is a valued asset to the Wellbeing Team at Fairbridge, having first started out as Jayne's sidekick when she joined the college in 2018. Dug is a natural with people. He genuinely loves everyone and has always run to meet anyone as they arrive at Pinjarra, or is a cute addition on camera when we video-call with Kalgoorlie campus. As you can see, Dug “gets around” Fairbridge, and we can't thank him enough for the joy and love he brings to our service.

Mandy Smith, admin officer at Fairbridge since long before the Jayne, Dug and the Wellbeing Team were created, has joined us part time and will be helping Bridget and Jayne manage our growing area of work and support. We think the world of Mandy, and appreciate her contribution – always kind, compassionate and clever!

We mentioned last newsletter that we were planning groups to tackle learning the skills of self-care, resilience and wellbeing. Absences due to some devastating illnesses that are going around have caused the groups to evolve much slower than we hoped, but we're pleased to say that a few groups that have started have been enjoyed and have been enriching so far. We have some “rules” or guidelines -

***What is said here STAYS here**

***Validate each other – assume the best, be less judgy**

***Put-Up's NOT put-downs**

***Willingness to accept help or ask for help**

***Practice when you leave**

We have this on our Wellbeing Space wall, and at the start of each session refer you to the “rules” so that we can relax and learn and grow together. We will continue to invite students into a small group (maybe 2 or 3 others) and continue this positive trend toward self-determination.

Thanks everyone for always supporting our Wellbeing Team here at Fairbridge. Have a great winter break!

External Education Program

Semester 1 2023 saw the students from the External Education Program (formally Outreach) participate in a Master Chef activity where they demonstrated their knowledge and ability in literacy, numeracy and life skills. Read on to see some of the delicious examples.

S'more Cookies Recipe:

Ingredients:

Marshmallows
Biscuits
Chocolate chips
Cookie dough (bought or home-made)

Steps:

1. Put baking paper on a baking tray.
2. Put four biscuits (or however many you can fit) spread on the tray and on top of them add choc chips, marshmallows and cookie dough (in that order).
3. Let them sit for 20 minutes to keep them from spreading too much in the oven.
4. Put them in the oven for 25 minutes at 160 degrees.
5. Let them cool and they're done!

Extra:

For the ingredients I used:
Pascall marshmallows
Cadbury chocolate chips
Arrowroot biscuits

They can all be found at Woolies or Coles. (the cookie dough as well, I just forgot the brand) You can make your own cookie dough, as well.

NOTE: I experimented with jumbo marshmallows and normal ones. NORMAL ONES WORK BETTER.

NOTE 2: The original recipe is American so I had to change a few things, so the temps and all that might not be perfect.

Step 1



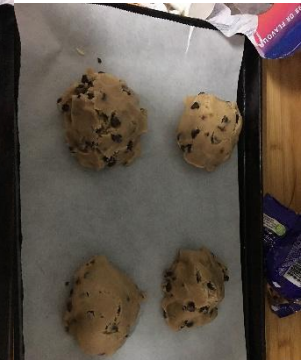
Step 2



Step 3



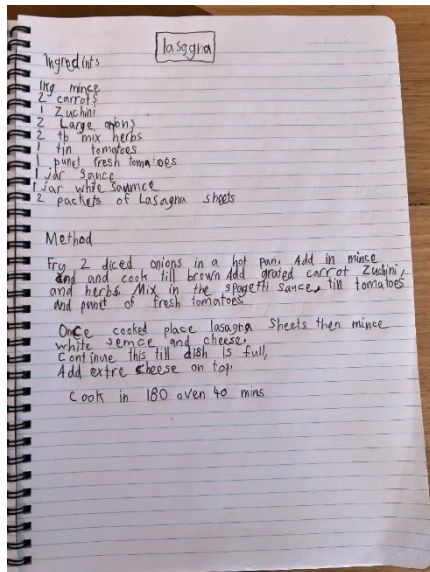
Step 4



Final Product



Lasagna Recipe



Chris

Welcome Monique

Hi I am Monique,

I have recently just moved back to Kalgoorlie after living and working in Mexico. I am a hairdresser by trade but also teach yoga and boxing when I can. My hobbies include photography, painting, cooking and exploring in nature. If I could have any superpower it would be teleportation so I could easily travel the world.



Wonderful time with Wiebke

Hi guys,

This term some of our students created their own Time Capsule. After they creatively designed the capsules, they had to consider the content they would like to put in. The list of contents is long and can go from their own created playlist to personal photos, handprint, a bucket list, or a letter to their future self, it was left to them. The Time Capsules will stay closed, undisturbed, and stored away until they will be opened at the time of the student's graduation.



Cooking

Our students love to spend time in the kitchen. They can choose what they would like to cook or bake and therefore, we made green pancakes. At first, we needed to get used to the colour when making them, but once we tried them, they tasted as good as they usually do and we enjoyed a pile of pancakes together. Besides making Pancakes, the students also made brownies, banana bread and mini quiches this term. Next term will be followed by some more tasty cooking and baking in the kitchen. Get ready for even more delicious news.



Wiebke

Loud time with Jess

Hi everyone,
This term had been filled with lots of fun onsite and offsite activities.

We got to visit the Museum of the Goldfields and see behind the scenes on how the award-winning Aboriginal storytelling tv series Cleverman was created. There was an interaction screen, where we could choose a character and learn all about them including information about their DNA. One of the best things about this expedition was seeing how the creator came up with each character, and how he they designed each character step by step.



The year 11 and 12 students cooked for the Biggest Morning Tea Fundraiser. We had homemade chicken nuggets, crumbed and deep fried camembert cheese and fairy bread with a twist, the twist being Nutella. I was a little concerned about this, but Robbie, Aaron and Hiki assured me it was better than traditional fairy bread. Everyone made comments saying it was nice to try something different for a change.



Jess

Gilympics

This Term we have be hosting our annual Gilympics event. Gilympics has ran every Thursday with events consisting of, donut eating obstacle course, UNO tournaments, charades, capture the flag, carpet hockey, chubby bunnies and 40 40. With only a few weeks left, the teams are working hard to gather points to be the final winners and have their team name engraved on the shield. It's currently a tie with NPNL, Cheese and Crackers (with a side of special sauce) and Pink Pandas with 2 winning challenges each. The Survivors and The Cobras still have a chance to get a few wins in before the end of term, Watch this Space to find out who our 2023 Gilympics winner is.



Jess



The following students had the **at least** 90% attendance this term:

Chloe
Hiki
Tenaya

Ben
Lily
Holly

Aaron
Brayden

Luke (100%)
Ella (100%)
Brodie (100%)



17 July 2023	First day back for students (Gil, Liana and Chris) and staff
19 July 2023	First day back for Jayde's class
16 Sept 2023	First day back for students
18-22 Sept 2023	Last day for students

SOCIAL MEDIA

Keep up to date with things at Fairbridge College!

